

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	Ben Livesey	Birchfield Harriers	328	35	1 M 0-39		1:12:07.0	1:12:07.1
2	Dan Hogg	Lincoln Wellington Athletic Club	726	26	2 M 0-39		1:17:12.9	1:17:13.2
3	Tom Straw	Lincoln Wellington Athletic Club	724	22	3 M 0-39		1:17:57.3	1:17:57.7
4	John Pike	Newham & Essex Beagles AC	452	39	1 M 0-39		1:17:57.6	1:17:57.8
5	Shane Robinson	Lincoln Wellington Athletic Club	725	23	2 M 0-39		1:17:57.2	1:17:57.9
6	Ruslan Seitkalijev		499	27	3 M 0-39		1:20:16.9	1:20:16.9
7	Sean Barkes	Lincoln Wellington Athletic Club	27	45	1 M 40-49		1:20:49.8	1:20:50.6
8	Craig Iynam		339	44	2 M 40-49		1:21:00.6	1:21:04.5
9	Mark Edmondson-Jones	Southwell Running Club	172	46	3 M 40-49		1:21:09.7	1:21:13.0
10	Matthew Cartwright	Derwent Runners (Derby)	96	39	4 M 0-39		1:21:19.8	1:21:21.1
11	paul jackson		277	41	4 M 40-49		1:21:48.3	1:21:49.0
12	Ben Terry		555	28	5 M 0-39		1:21:55.1	1:21:55.9
13	marc thorpe	Lincoln Wellington Athletic Club	565	34	6 M 0-39		1:22:23.7	1:22:25.4
14	Debbie Mason	Rotherham Harriers and AC	364	46	1 F 45-54		1:22:27.7	1:22:28.0
15	Manjit Bedi	East London Runners	47	49	5 M 40-49		1:22:52.1	1:22:54.2
16	Christopher Gibbs	Ancholme Valley AC	213	53	1 M 50-59		1:23:29.0	1:23:31.0
17	Nathan Warren	BRAT	581	31	7 M 0-39		1:23:51.8	1:23:54.1
18	Richard Watkinson		588	40	6 M 40-49		1:23:59.7	1:24:01.8
19	Robert Windard	Lincoln & District Runners	616	30	8 M 0-39		1:24:20.0	1:24:22.5
20	Peter Duncan		167	53	2 M 50-59		1:24:55.1	1:24:56.1
21	Lance Hemmings	Nene Valley Harriers	722	45	7 M 40-49		1:24:57.0	1:24:59.8
22	Matt Ward		578	29	9 M 0-39		1:24:45.2	1:25:00.2
23	Chris Costello		125	26	10 M 0-39		1:25:05.1	1:25:22.1
24	Sian Thomas	Chiltern Harriers AC	558	30	2 F 0-34		1:25:54.3	1:25:56.0
25	Karl Baker		18	27	11 M 0-39		1:25:31.8	1:26:00.5
26	Chris Mooney		388	47	8 M 40-49		1:26:03.1	1:26:06.2
27	Mark Fowell	Rolls Royce Harriers	197	51	3 M 50-59		1:26:16.0	1:26:18.3
28	Alan Pickering	Matlock Athletic Club	450	49	9 M 40-49		1:26:16.7	1:26:22.4
29	Nathan Burton		81	20	12 M 0-39		1:26:41.4	1:26:41.8
30	Richard James		281	35	13 M 0-39		1:26:32.2	1:26:55.5
31	Lewis Hopkinson	Fernwood Running Club	263	40	10 M 40-49		1:26:54.2	1:27:01.3
32	Krzysztof Rocko		473	30	14 M 0-39		1:27:00.6	1:27:03.3
33	Glenn Moore	Lincoln Wellington Athletic Club	389	51	4 M 50-59		1:27:22.0	1:27:23.3
34	Emma Hodson		257	31	3 F 0-34		1:27:23.7	1:27:25.6
35	Emma Gould	West Bromwich Harriers	221	23	1 F 0-34		1:27:36.2	1:27:38.8
36	Craig Betetring		707	38	15 M 0-39		1:27:32.8	1:27:42.4
37	Martin King		302	38	16 M 0-39		1:27:03.2	1:27:54.3
38	Olly Slater	Nene Valley Harriers	731	29	17 M 0-39		1:28:07.1	1:28:11.1
39	Alex Loach		331	34	18 M 0-39		1:27:54.7	1:28:16.7
40	Craig Winfield	Fernwood Running Club	718	29	19 M 0-39		1:28:14.4	1:28:19.4
41	Nick Wright	Fernwood Running Club	633	39	20 M 0-39		1:28:27.8	1:28:32.6
42	Jeff Belt	North York Moors AC	53	43	11 M 40-49		1:28:36.6	1:28:37.9
43	Neil Johnson	Barnsley Harriers	285	42	12 M 40-49		1:28:38.3	1:28:41.8
44	James Mcnamee	Skegness Coasters	375	44	13 M 40-49		1:29:01.2	1:29:05.3
45	mark warwick	Team Derby Runner	582	51	5 M 50-59		1:29:10.7	1:29:13.9
46	Mark Blackburn		62	34	21 M 0-39		1:29:19.3	1:29:29.8
47	robert cauldwell		97	42	14 M 40-49		1:29:43.3	1:29:45.7
48	Peter Kirwin		308	43	15 M 40-49		1:29:45.7	1:29:49.8
49	Vic Otter	Lincoln Wellington Athletic Club	423	29	22 M 0-39		1:30:28.7	1:30:31.6
50	stephen coleman	Astley & Tyldesley Road Runners	110	52	6 M 50-59		1:30:34.9	1:30:40.4
51	Laura Odell		415	28	2 F 0-34		1:30:31.5	1:30:52.2
52	Christopher Royle		482	33	23 M 0-39		1:30:56.8	1:30:59.2
53	James Gamble		209	34	24 M 0-39		1:30:56.9	1:31:01.8
54	Tim Shurlock		506	28	25 M 0-39		1:29:31.8	1:31:03.4
55	Andrea Holt		262	36	1 F 35-44		1:31:05.0	1:31:09.6
56	jack carpenter	Spalding Triathlon Club	93	25	26 M 0-39		1:31:07.3	1:31:13.3
57	Michael Salter	Kettering Town Harriers	487	45	16 M 40-49		1:31:12.3	1:31:13.6
58	carl emmerson		175	41	17 M 40-49		1:31:36.3	1:31:37.2
59	Gary Mountain		399	38	27 M 0-39		1:31:17.2	1:31:37.2
60	duncan worrell		630	44	18 M 40-49		1:32:02.2	1:32:08.5
61	Ian Williams		611	29	28 M 0-39		1:31:10.1	1:32:15.0
62	Nicola Jefferson		283	40	2 F 35-44		1:32:10.9	1:32:15.3
63	Paul Marwood		362	27	29 M 0-39		1:32:16.7	1:32:21.4
64	Lorna Allison	Gainsborough & Morton Striders	6	36	3 F 35-44		1:32:17.8	1:32:22.9
65	Martin Lea	Matlock Athletic Club	319	49	19 M 40-49		1:32:09.9	1:32:23.5
66	Timothy Swan-Smith	Spalding Triathlon Club	543	39	30 M 0-39		1:32:21.7	1:32:27.7
67	Lara Kristiansen		312	41	4 F 35-44		1:32:23.5	1:32:36.5
68	Martin Davey		141	37	31 M 0-39		1:32:45.6	1:32:49.1
69	David Corbett	Retford AC	123	39	32 M 0-39		1:32:44.3	1:32:53.4
70	Dean Taylor	Ripley Running Club	550	40	20 M 40-49		1:32:58.2	1:32:59.9

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
71	Tony Johnson	Ropsley Road Runners	287		33 M 0-39		1:33:26.5	1:33:28.5
72	Peter Parker	Newark Striders Running Club	426	41	21 M 40-49		1:33:22.6	1:33:44.3
73	tracey west	Workshop Harriers	598	48	1 F 45-54		1:33:43.3	1:33:50.7
74	Kevin Wallis		575	53	7 M 50-59		1:33:47.5	1:33:51.2
75	Ken Jeffery		284	49	22 M 40-49		1:33:44.7	1:33:55.2
76	Iain Brown	Grantham Running Club	75	37	34 M 0-39		1:33:57.0	1:34:04.7
77	Arthur Short	Grantham AC	729	48	23 M 40-49		1:34:02.3	1:34:07.6
78	Craig Ward	Gainsborough & Morton Striders	577	37	35 M 0-39		1:34:09.4	1:34:13.9
79	Sean Baxter	Lincoln Wellington Athletic Club	38	49	24 M 40-49		1:34:19.0	1:34:22.7
80	David Brown		74	48	25 M 40-49		1:34:21.2	1:34:29.9
81	David Perkins	Killamarsh Kestrels	445	38	36 M 0-39		1:34:23.4	1:34:40.4
82	Chris Wood	Lincoln & District Runners	627	54	8 M 50-59		1:34:29.8	1:34:49.6
83	Christopher Hobson	Newbury AC	713	39	37 M 0-39		1:34:45.3	1:34:52.1
84	Dean Riggall		466	40	26 M 40-49		1:35:09.3	1:35:13.6
85	abi schofield	Grantham Running Club	496	23	3 F 0-34		1:35:20.4	1:35:36.8
86	Tom Drew	Spalding Triathlon Club	163	48	27 M 40-49		1:35:34.6	1:35:53.5
87	Jonathan Drake	Gainsborough & Morton Striders	161	37	38 M 0-39		1:35:50.8	1:35:56.4
88	Mark Collingwood	Mablethorpe RC	112	38	39 M 0-39		1:36:09.3	1:36:14.3
89	Graham Worsfold	Clowne Road Runners Club	631	34	40 M 0-39		1:36:01.2	1:36:16.3
90	RUTH Wilson	Gainsborough & Morton Striders	612	45	2 F 45-54		1:35:50.8	1:36:34.5
91	Darren Horobin	Ackworth Road Runners	264	40	28 M 40-49		1:36:21.5	1:36:52.1
92	Patrick Lynn		340	35	41 M 0-39		1:36:46.3	1:36:54.1
93	Tom Matko		365	44	29 M 40-49		1:36:50.9	1:36:57.1
94	Stu Barfoot		25	39	42 M 0-39		1:36:59.1	1:37:03.3
95	Mark Nott	Lincoln & District Runners	413	44	30 M 40-49		1:36:44.4	1:37:05.2
96	helen robinson	Gainsborough & Morton Striders	472	40	5 F 35-44		1:37:10.1	1:37:12.1
97	Oliver Hughes		270	32	43 M 0-39		1:36:55.3	1:37:14.0
98	David Kellaway	Dereham Runners AC	734	52	9 M 50-59		1:37:12.6	1:37:20.0
99	Jaime del Campo	Aldershot Farnham & District	148	33	44 M 0-39		1:37:03.0	1:37:29.4
100	Matt Shurlock		505	30	45 M 0-39		1:35:47.2	1:37:37.1
101	Richard Allen		4	47	31 M 40-49		1:37:30.3	1:37:38.1
102	Thomas Williamson		701	42	32 M 40-49		1:37:27.7	1:37:40.3
103	Matthew Russell		484	42	33 M 40-49		1:37:42.6	1:37:44.3
104	Mike Smith	Fernwood Running Club	717	31	46 M 0-39		1:37:41.9	1:37:52.8
105	shaun conway		114	51	10 M 50-59		1:37:46.6	1:37:58.2
106	colin richardson		463	50	11 M 50-59		1:38:14.3	1:38:22.7
107	Ben Harness		241	40	34 M 40-49		1:38:21.0	1:38:31.5
108	Dave Aust	Stamford Striders	15	49	35 M 40-49		1:38:11.3	1:38:31.6
109	martin tebbs		554	34	47 M 0-39		1:38:06.2	1:38:34.1
110	HOLLY DURHAM	Grantham Running Club	169	32	4 F 0-34		1:38:19.5	1:38:36.2
111	james thorneycroft	Matlock Athletic Club	562	57	12 M 50-59		1:38:24.6	1:38:39.8
112	Ciaran Lennon		324	46	36 M 40-49		1:38:36.6	1:38:42.1
113	Rachel Yates		637	43	6 F 35-44		1:38:30.3	1:38:42.7
114	GILES MATSELL		366	43	37 M 40-49		1:38:32.2	1:38:52.2
115	Nathan Adlesee		3	23	48 M 0-39		1:38:49.7	1:39:00.0
116	Stephen Baker	Tri-Anglia Triathlon Club	19	50	13 M 50-59		1:38:40.8	1:39:00.7
117	Jonathan Taylor		548	27	49 M 0-39		1:38:39.3	1:39:05.2
118	Simon Young	Lincoln & District Runners	639	47	38 M 40-49		1:38:56.5	1:39:17.7
119	Tammy Rainbow	Mablethorpe RC	455	42	7 F 35-44		1:39:15.1	1:39:23.6
120	Gary Tasker	Fernwood Running Club	546	41	39 M 40-49		1:39:21.0	1:39:29.8
121	Gareth Bartlett		33	32	50 M 0-39		1:39:28.6	1:39:36.5
122	Martin Gordon-Kerr		219	44	40 M 40-49		1:39:42.7	1:39:58.2
123	Paul Smith	Newark Striders Running Club	516	28	51 M 0-39		1:39:28.6	1:40:09.7
124	Michael Petersen	City of Hull AC	447	37	52 M 0-39		1:40:04.9	1:40:11.9
125	James Atkinson		715	32	53 M 0-39		1:39:52.3	1:40:12.7
126	Edward Byard	Headington RR	84	32	54 M 0-39		1:39:58.8	1:40:14.8
127	Robert Spalton		730	37	55 M 0-39		1:40:02.6	1:40:15.0
128	Justin Showell	Fenland Running Club	504	44	41 M 40-49		1:40:12.1	1:40:26.3
129	Thomas Davis		143	27	56 M 0-39		1:39:29.8	1:40:29.0
130	Ben Walmsley		576	38	57 M 0-39		1:38:31.7	1:40:31.8
131	Matt Buller		78	23	58 M 0-39		1:39:55.1	1:40:33.7
132	Robert Howbrook	Grantham Running Club	268	55	14 M 50-59		1:40:16.5	1:40:35.1
133	Roger Blake	Mablethorpe RC	64	38	59 M 0-39		1:40:31.0	1:40:41.3
134	Gregg Payne		437	40	42 M 40-49		1:40:43.0	1:40:44.7
135	MARK WINTER		617	44	43 M 40-49		1:39:31.6	1:40:45.3
136	Russell Rose	David Lloyd Redway Runners	477	44	44 M 40-49		1:40:42.7	1:40:45.5
137	Mike Wells	Caistor Running Club	594	39	60 M 0-39		1:40:17.9	1:40:47.0
138	Adrian Stevens	Formula One Circuit Crew	534	51	15 M 50-59		1:40:01.1	1:40:47.5
139	Anthony Fraser	Wolds Veteran RC	200	59	16 M 50-59		1:40:36.8	1:40:49.7
140	Toby Bartlett		31	17	61 M 0-39		1:40:27.5	1:40:58.0

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
141	Simon Hunt	Gainsborough & Morton Striders	137	40	45 M 40-49		1:40:49.3	1:40:59.7
142	Ben Barnard	Fernwood Running Club	28	38	62 M 0-39		1:40:50.5	1:41:00.4
143	Nigel Evison		182	42	46 M 40-49		1:40:12.3	1:41:06.1
144	Christopher Lawton		318	36	63 M 0-39		1:40:40.6	1:41:08.1
145	Michael Dean	Louth AC	146	51	17 M 50-59		1:41:07.9	1:41:10.9
146	Neill Mison	Fernwood Running Club	386	48	47 M 40-49		1:41:02.9	1:41:14.6
147	sylvia parkinson	Lincoln Wellington Athletic Club	429	31	5 F 0-34		1:41:12.0	1:41:15.8
148	mark patrick	Cleethorpes and District AC	435	46	48 M 40-49		1:35:12.0	1:41:18.1
149	Aaron Johnson	Total Sports and Supplements	288	22	64 M 0-39		1:41:24.7	1:41:42.9
150	kenny balding		20	53	18 M 50-59		1:40:46.1	1:41:43.3
151	Clare Howarth	Headington RR	267	32	6 F 0-34		1:41:33.2	1:41:49.4
152	ANDY CARPENTER		94	51	19 M 50-59		1:41:35.3	1:41:50.7
153	lee leggett		323	27	65 M 0-39		1:41:45.1	1:41:54.3
154	Dennis Holmes	Ripley Running Club	261	49	49 M 40-49		1:41:41.3	1:41:58.9
155	Andy Short	Eye Community Runners	503	50	20 M 50-59		1:41:53.1	1:42:08.0
156	Richard Morris	Newark Striders Running Club	394	38	66 M 0-39		1:41:30.2	1:42:11.5
157	GAVIN WILLEY		609	46	50 M 40-49		1:41:24.2	1:42:17.0
158	Trevor Smith		518	44	51 M 40-49		1:41:31.9	1:42:18.1
159	Niccolas Hallam		233	42	52 M 40-49		1:42:11.5	1:42:20.1
160	Amanda Ormond		419	33	7 F 0-34		1:41:52.8	1:42:21.9
161	Andy Newham	Lincoln & District Runners	404	41	53 M 40-49		1:42:03.6	1:42:31.0
162	Catherine Payne	Grantham Running Club	711	15	8 F 0-34		1:42:14.7	1:42:31.9
163	Tom Ewing		184	22	67 M 0-39		1:42:25.3	1:42:32.9
164	Stephanie Ilsey	Belper Harriers	275	52	3 F 45-54		1:42:27.2	1:42:38.1
165	Sarah McSharry	Hinckley Running Club	377	25	9 F 0-34		1:42:26.5	1:42:39.3
166	Bruce Pettit	Sleaford Town Runners	712	45	54 M 40-49		1:42:13.8	1:42:43.6
167	Kevin Grant		224	34	68 M 0-39		1:40:17.1	1:42:46.3
168	John Crust		133	36	69 M 0-39		1:42:35.9	1:42:49.4
169	Jennifer McBain	Alchester Running Club	370	36	8 F 35-44		1:38:14.3	1:42:52.9
170	Jack Beavis	Beeston AC	43	21	70 M 0-39		1:42:37.4	1:42:58.0
171	Lee Robinson		471	32	71 M 0-39		1:42:23.6	1:43:05.0
172	Tim Hunt		272	49	55 M 40-49		1:42:39.4	1:43:10.1
173	Robert McArdle	Grantham Running Club	710	54	21 M 50-59		1:42:54.2	1:43:12.0
174	Dale Hill		252	32	72 M 0-39		1:42:19.8	1:43:19.8
175	Terry Fone	Eye Community Runners	195	70	1 M 60-99		1:43:07.1	1:43:21.7
176	MICHAEL MAHONEY		345	40	56 M 40-49		1:42:33.9	1:43:26.7
177	Lee Fenlon	Gainsborough & Morton Striders	188	31	73 M 0-39		1:43:20.5	1:43:31.9
178	Lee Chapman		100	32	74 M 0-39		1:42:45.1	1:43:41.1
179	Shaun Bonner		702	50	22 M 50-59		1:43:33.8	1:43:46.0
180	Joe Campbell		90	27	75 M 0-39		1:43:19.8	1:43:47.1
181	Daniel Cooper		719	18	76 M 0-39		1:43:34.5	1:43:51.4
182	Shaun Bending		723	26	77 M 0-39		1:43:29.5	1:43:52.2
183	Ricky Berry		57	27	78 M 0-39		1:43:45.0	1:43:54.8
184	DEBBIE SIMPSON	Louth AC	510	42	9 F 35-44		1:43:53.8	1:43:56.8
185	Chris Taylor	Wymeswold RC	727	51	23 M 50-59		1:43:55.6	1:44:01.7
186	Neil Mansfield		352	43	57 M 40-49		1:43:56.3	1:44:01.9
187	Peter Davis	Newark Striders Running Club	142	61	2 M 60-99		1:43:45.1	1:44:06.9
188	Joanne Diffey	Lakeside Lincoln Running Club	154	44	10 F 35-44		1:43:25.9	1:44:11.5
189	Thomas Wheatley	Wimbledon Windmilers	600	31	79 M 0-39		1:43:58.4	1:44:15.1
190	Steve Chambers		721	30	80 M 0-39		1:43:38.3	1:44:17.9
191	Robert Kilsby	Scunthorpe & District AC	301	45	58 M 40-49		1:43:55.7	1:44:21.3
192	ANTON GACHES		207	54	24 M 50-59		1:44:01.2	1:44:29.0
193	James Harrison		720	34	81 M 0-39		1:43:44.1	1:44:31.9
194	Brian Fitzpatrick		191	31	82 M 0-39		1:44:28.3	1:44:33.0
195	Paul Nicholls		410	33	83 M 0-39		1:43:49.9	1:44:33.4
196	Peter Nicholls		409	34	84 M 0-39		1:43:50.2	1:44:33.5
197	Steve Henchley		249	35	85 M 0-39		1:43:38.3	1:44:37.8
198	Brian Thompson		559	43	59 M 40-49		1:43:59.0	1:44:42.0
199	Greg Tasker		545	34	86 M 0-39		1:44:29.5	1:44:44.0
200	gregg brasset		72	32	87 M 0-39		1:44:32.0	1:44:44.0
201	Joe Wilson		613	26	88 M 0-39		1:44:13.5	1:44:51.4
202	Sophie Stanley	Grantham AC	531	32	10 F 0-34		1:44:48.1	1:44:58.4
203	Matthew Jordan		292	36	89 M 0-39		1:45:04.1	1:45:12.0
204	Andrew Smithson	Fernwood Running Club	522	54	25 M 50-59		1:45:08.8	1:45:20.7
205	PAUL HARRIS		244	45	60 M 40-49		1:44:30.9	1:45:30.0
206	Andrew Mitchell		387	34	90 M 0-39		1:45:01.0	1:45:37.1
207	Robert Jacques		280	50	26 M 50-59		1:45:12.7	1:45:42.8
208	Warren Stark		532	39	91 M 0-39		1:45:39.0	1:45:43.8
209	Rob Pearce	Belper Harriers	439	41	61 M 40-49		1:45:30.8	1:45:57.3
210	Martin MacGregor		343	39	92 M 0-39		1:46:04.1	1:46:17.3

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211	Paul Watson		590	24	93 M 0-39		1:46:09.6	1:46:24.0
212	Janine Gall	Team Derby Runner	208	44	11 F 35-44		1:46:12.7	1:46:30.4
213	Mark Nicholls	Silson Joggers AC	408	47	62 M 40-49		1:46:31.5	1:46:38.1
214	Martin Morley	Dulwich Runners AC	391	62	3 M 60-99		1:46:29.6	1:46:38.3
215	Anthony Taylor		552	55	27 M 50-59		1:45:24.8	1:46:43.2
216	Claire Piercy		451	42	12 F 35-44		1:46:27.5	1:46:48.6
217	T Jayes	Kimberley Striders	728	45	63 M 40-49		1:46:20.1	1:46:49.1
218	Amy Bradley	Ripley Running Club	69	31	11 F 0-34		1:46:24.1	1:46:52.6
219	Jas Sandhu		489	40	64 M 40-49		1:46:08.0	1:46:55.1
220	Paul Cooper		120	44	65 M 40-49		1:46:25.6	1:47:14.8
221	Sue Harlow		239	38	13 F 35-44		1:46:56.1	1:47:17.2
222	Gavin Black		61	33	94 M 0-39		1:46:54.2	1:47:20.7
223	Lee Marshall	Spinkhill Striders	356	45	66 M 40-49		1:46:59.9	1:47:21.6
224	stewart dean		147	30	95 M 0-39		1:46:53.9	1:47:24.3
225	Thomas Kirman		307	23	96 M 0-39		1:47:20.6	1:47:31.0
226	Paul Dunkley		168	47	67 M 40-49		1:46:39.7	1:47:33.0
227	Ian Scott	Sleaford Striders AC	498	46	68 M 40-49		1:47:27.5	1:47:44.3
228	Stuart Horrocks		265	37	97 M 0-39		1:47:33.3	1:47:56.2
229	Roy Jackson	Lincoln & District Runners	276	48	69 M 40-49		1:46:55.3	1:48:01.0
230	Steven Flook		193	53	28 M 50-59		1:47:20.7	1:48:03.7
231	ashley woolgrove	UKnetrunner.co.UK	629	36	98 M 0-39		1:47:10.8	1:48:18.5
232	Jonathan Shurlock		507	22	99 M 0-39		1:46:43.3	1:48:19.1
233	steve marshall	Lincoln & District Runners	355	44	70 M 40-49		1:48:17.8	1:48:27.6
234	Richard Titchmarsh	Lincoln Wellington Athletic Club	567	71	4 M 60-99		1:48:26.4	1:48:35.5
235	Stephen Gabbutt		206	39	100 M 0-39		1:48:00.9	1:48:38.0
236	Matthew Barber		24	42	71 M 40-49		1:48:00.9	1:48:38.2
237	David Bembridge	Gainsborough & Morton Striders	54	32	101 M 0-39		1:48:31.4	1:48:40.6
238	John Bainbridge	Grantham AC	16	54	29 M 50-59		1:47:45.2	1:48:43.8
239	Helen Pavey	Lincoln Wellington Athletic Club	436	42	14 F 35-44		1:48:40.0	1:48:43.9
240	Louis Watson		589	53	30 M 50-59		1:48:33.4	1:48:55.7
241	Robert Hardy	Fernwood Running Club	237	58	31 M 50-59		1:48:45.9	1:48:58.0
242	John Balmer		22	26	102 M 0-39		1:48:40.1	1:49:00.0
243	Karra Herrero	Kenilworth Runners	250	41	72 M 40-49		1:48:56.4	1:49:03.1
244	Nick Pearson	Eye Community Runners	442	44	73 M 40-49		1:48:25.7	1:49:04.3
245	Holly Crosby		130	18	12 F 0-34		1:48:43.3	1:49:07.5
246	Rob Holland		258	57	32 M 50-59		1:48:34.0	1:49:08.0
247	Tim Crosby		129	50	33 M 50-59		1:48:55.4	1:49:20.0
248	Pawel Mezynski		381	50	34 M 50-59		1:49:12.7	1:49:21.8
249	Michael McSharry	Huncote Harriers	378	53	35 M 50-59		1:49:10.1	1:49:24.5
250	David Gould	West Bromwich Harriers	222	60	5 M 60-99		1:49:13.2	1:49:25.7
251	edward enright	Lincoln & District Runners	177	59	36 M 50-59		1:49:13.7	1:49:28.5
252	Andy Riley	Ripley Running Club	468	34	103 M 0-39		1:49:17.3	1:49:33.5
253	Tom Riley		467	28	104 M 0-39		1:49:20.5	1:49:35.7
254	jon miller		384	29	105 M 0-39		1:48:50.7	1:49:36.4
255	Norman Smith	Road Runners Club	521	59	37 M 50-59		1:49:14.7	1:49:36.7
256	Adam Brown		76	24	106 M 0-39		1:49:02.0	1:49:38.4
257	Steven Spencer		528	39	107 M 0-39		1:49:27.9	1:49:44.4
258	David Smyth		524	42	74 M 40-49		1:49:13.8	1:49:49.8
259	Millie Lepic		325	31	13 F 0-34		1:48:58.7	1:49:51.7
260	Nicholas Porter		453	52	38 M 50-59		1:49:31.9	1:49:53.6
261	Simon Lunn	Sleaford Town Runners	337	41	75 M 40-49		1:49:25.0	1:49:56.6
262	Robert Bateman		704	42	76 M 40-49		1:49:56.5	1:50:04.5
263	john osborne		422	42	77 M 40-49		1:49:30.9	1:50:05.8
264	Leanne Rickett	Fenland Running Club	465	33	14 F 0-34		1:49:14.7	1:50:07.7
265	Jack Ewing		183	23	108 M 0-39		1:50:12.9	1:50:21.2
266	Ryan Mills		385	31	109 M 0-39		1:49:29.5	1:50:29.3
267	Paul Thorley		560	40	78 M 40-49		1:50:00.5	1:50:37.4
268	Steven Keating		298	43	79 M 40-49		1:49:55.7	1:50:40.9
269	RICHARD NIBLETT		406	53	39 M 50-59		1:50:08.4	1:50:42.8
270	Natalie Chernucha		101	31	15 F 0-34		1:49:55.0	1:50:43.2
271	Alex Morrison	Lincoln & District Runners	397	32	110 M 0-39		1:50:32.9	1:50:45.4
272	Steve Taylor		553	52	40 M 50-59		1:49:32.6	1:50:50.7
273	Ronnie Goddard		216	30	111 M 0-39		1:50:55.4	1:50:56.2
274	Clint Sawyer		494	36	112 M 0-39		1:50:02.5	1:51:00.0
275	Jim Aram	Lincoln Wellington Athletic Club	9	38	113 M 0-39		1:50:56.0	1:51:04.9
276	William Bealby	Sheffield Triathlon Club	40	39	114 M 0-39		1:50:51.8	1:51:06.3
277	paul whiteley		605	40	80 M 40-49		1:50:44.8	1:51:07.8
278	James Snaith		526	38	115 M 0-39		1:50:37.4	1:51:13.4
279	gary dembrey	Skegness Coasters	149	48	81 M 40-49		1:50:51.0	1:51:19.5
280	simon chambers	Saffron Striders RC	98	47	82 M 40-49		1:50:40.1	1:51:30.8

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
281	Richard Pegg	Steel City Striders RC	443	54	41 M 50-59		1:50:46.5	1:51:33.1
282	gareth jones		290	42	83 M 40-49		1:50:58.6	1:51:39.1
283	Darren Wilkinson		608	40	84 M 40-49		1:51:11.5	1:51:51.3
284	Hannah Arrowsmith		11	36	15 F 35-44		1:49:11.8	1:52:00.0
285	Katy Marris		354	41	16 F 35-44		1:51:48.7	1:52:02.2
286	Shaun Balfe		708	41	85 M 40-49		1:51:40.1	1:52:03.0
287	Katie Cooper		119	28	16 F 0-34		1:52:01.5	1:52:08.4
288	gail kirk		306	41	17 F 35-44		1:51:39.0	1:52:09.8
289	Duncan Barnett	Newark Striders Running Club	29	36	116 M 0-39		1:51:31.7	1:52:12.0
290	jack mcneil		376	33	117 M 0-39		1:51:09.2	1:52:19.9
291	Dan Watford		587	33	118 M 0-39		1:51:23.3	1:52:24.0
292	Gary Saunders		492	34	119 M 0-39		1:51:09.7	1:52:31.4
293	keith measures	Grantham AC	379	61	6 M 60-99		1:52:14.4	1:52:33.8
294	Stephen Banks	Lincoln & District Runners	23	45	86 M 40-49		1:51:28.5	1:52:36.0
295	Edward Holliday		259	45	87 M 40-49		1:51:30.2	1:52:38.6
296	Mel Knight		310	34	17 F 0-34		1:52:21.4	1:52:39.6
297	Steven Roberts		469	49	88 M 40-49		1:52:05.5	1:52:41.3
298	Mark Collishaw	Newark AC	113	41	89 M 40-49		1:52:21.5	1:52:48.1
299	Andrew Niblock		407	37	120 M 0-39		1:51:25.1	1:52:48.1
300	Chris Milburn		382	22	121 M 0-39		1:51:45.3	1:52:52.1
301	Andrew Stevens	Total Sports and Supplements	536	31	122 M 0-39		1:52:39.6	1:52:56.5
302	Ian Smith	Cleethorpes and District AC	519	45	90 M 40-49		1:52:07.2	1:53:12.2
303	Rebecca Arden		10	42	18 F 35-44		1:52:30.5	1:53:21.1
304	Jonathan Jarvis		282	47	91 M 40-49		1:52:29.5	1:53:22.5
305	Fox Goddard		217	39	123 M 0-39		1:52:59.7	1:53:23.6
306	Nathan O'Reilly		418	38	124 M 0-39		1:52:42.2	1:53:24.2
307	Steven Donoghue	Ripley Running Club	158	53	42 M 50-59		1:52:57.9	1:53:26.3
308	Sam Ewing		185	25	125 M 0-39		1:53:18.1	1:53:27.9
309	Martin Smith	Ripley Running Club	520	33	126 M 0-39		1:53:15.3	1:53:34.8
310	Selina Jones	Bearbrook Running Club	291	31	18 F 0-34		1:53:24.0	1:53:35.9
311	Shelley Basharan		35	41	19 F 35-44		1:52:43.8	1:53:37.3
312	Nathan Judge		295	25	127 M 0-39		1:52:42.5	1:53:39.1
313	Dean Marshall		357	37	128 M 0-39		1:52:41.7	1:53:40.1
314	paul green	Sleaford Town Runners	225	49	92 M 40-49		1:53:10.8	1:53:40.7
315	Stephen Dawson		144	44	93 M 40-49		1:53:23.5	1:53:50.1
316	Mick Wood	Gainsborough & Morton Striders	622	52	43 M 50-59		1:53:49.3	1:54:00.9
317	Sharon Hobson		256	43	20 F 35-44		1:53:27.5	1:54:02.4
318	Emily Garner		210	29	19 F 0-34		1:52:29.2	1:54:06.3
319	Alistair Mackinder	Lincoln Wellington Athletic Club	344	53	44 M 50-59		1:53:39.0	1:54:07.4
320	Margaret Morris	Lincoln Wellington Athletic Club	396	62	1 F 55-99		1:53:35.0	1:54:17.4
321	Sophie Hunt	Grantham AC	271	34	20 F 0-34		1:54:10.0	1:54:20.8
322	Ian Ellis		174	50	45 M 50-59		1:54:08.7	1:54:22.5
323	Angela Edmondson-Jones	Southwell Running Club	173	50	4 F 45-54		1:53:42.0	1:54:23.9
324	Amanda Wells	Eye Community Runners	596	44	21 F 35-44		1:53:46.6	1:54:24.7
325	Mark Wells	Eye Community Runners	597	48	94 M 40-49		1:53:46.9	1:54:24.8
326	Ian Richardson		464	53	46 M 50-59		1:53:58.7	1:54:26.7
327	Emma Marshall-telfer	Sleaford Striders AC	359	42	22 F 35-44		1:53:51.7	1:54:46.5
328	Nick Smith		514	21	129 M 0-39		1:53:42.6	1:54:55.3
329	Nick Geary		211	42	95 M 40-49		1:54:37.0	1:54:58.2
330	Mark Williams	Lincoln & District Runners	610	53	47 M 50-59		1:54:11.8	1:54:59.9
331	Melissa Sharpe		501	23	21 F 0-34		1:54:45.9	1:55:08.0
332	Marie Beck		46	42	23 F 35-44		1:54:43.1	1:55:10.0
333	Nick Beck		45	46	96 M 40-49		1:54:43.0	1:55:10.1
334	Robert Braker		70	62	7 M 60-99		1:52:34.1	1:55:19.5
335	raymond Draycott	Wigston Phoenix RC	162	65	8 M 60-99		1:55:05.1	1:55:21.5
336	rebecca crowley		131	30	22 F 0-34		1:55:03.7	1:55:21.7
337	Philip Wynn		636	64	9 M 60-99		1:54:53.7	1:55:33.6
338	Andy Parsons	Killamarsh Kestrels	432	60	10 M 60-99		1:54:47.2	1:55:34.4
339	Chris Waters	Lincoln Wellington Athletic Club	586	42	97 M 40-49		1:51:20.4	1:55:42.4
340	Helen Blair	Skegness Coasters	63	39	24 F 35-44		1:55:39.7	1:55:47.2
341	Craig Matthewman		367	44	98 M 40-49		1:55:18.9	1:55:54.5
342	Kathryn Lambert	Lincoln & District Runners	314	39	25 F 35-44		1:55:15.7	1:56:03.5
343	Nikki Fletcher		192	44	26 F 35-44		1:55:15.9	1:56:12.3
344	Luke Eschle		178	37	130 M 0-39		1:55:24.9	1:56:18.7
345	Helen Callender		85	32	23 F 0-34		1:55:52.4	1:56:25.7
346	Nick Kirk		304	34	131 M 0-39		1:55:31.6	1:56:32.0
347	Matthew Kirk		305	35	132 M 0-39		1:55:31.0	1:56:32.0
348	Marc Fulton		205	28	133 M 0-39		1:55:14.6	1:56:32.8
349	Cathy Cresswell	Ripley Running Club	127	42	27 F 35-44		1:55:38.6	1:56:33.0
350	Lauren Burrell		80	23	24 F 0-34		1:55:57.7	1:56:33.9

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
351	Michael Hawkesford	Skegness Coasters	247	41	99 M 40-49		1:56:15.3	1:56:45.4
352	Clare Coombes	Vegan Runners UK	117	41	28 F 35-44		1:56:30.0	1:56:47.9
353	maddy collinge	Mansfield Harriers	111	63	2 F 55-99		1:56:42.5	1:56:49.3
354	Elizabeth Harkess	Louth AC	238	34	25 F 0-34		1:56:44.1	1:57:08.4
355	Tosh Wood		625	41	100 M 40-49		1:56:39.5	1:57:13.9
356	Andrea Saward		493	44	29 F 35-44		1:56:40.4	1:57:15.1
357	Tom Roffe-Silvester		474	30	134 M 0-39		1:56:21.2	1:57:17.8
358	madeleine bird	Ellesmere Port RC	59	59	3 F 55-99		1:56:17.5	1:57:25.9
359	Katie Holmes	Holme Pierrepont RC	260	50	5 F 45-54		1:56:31.6	1:57:26.3
360	Fiona Lawrie	Louth AC	316	53	6 F 45-54		1:57:23.7	1:57:47.8
361	David Benson		55	44	101 M 40-49		1:57:05.4	1:57:51.4
362	karl tietz	Ripley Running Club	566	57	48 M 50-59		1:57:01.1	1:57:55.3
363	Sharon Margaron	Mablethorpe RC	353	42	30 F 35-44		1:57:09.9	1:57:59.2
364	Marco Chung		107	26	135 M 0-39		1:57:23.5	1:58:00.0
365	Natalie Taylor		549	21	26 F 0-34		1:57:37.0	1:58:01.3
366	Linford Gibbons		212	56	49 M 50-59		1:56:47.3	1:58:01.3
367	Nicholas Whitworth		606	49	102 M 40-49		1:55:05.7	1:58:11.0
368	Chris Rogers	Barton & District AC	475	51	50 M 50-59		1:55:09.5	1:58:14.1
369	David Spooner	Stamford Striders	530	42	103 M 40-49		1:57:18.1	1:58:16.4
370	Richard Harber		234	49	104 M 40-49		1:57:40.7	1:58:17.3
371	M Fellows		187	48	105 M 40-49		1:57:06.5	1:58:17.6
372	Glenn Peniston	Gainsborough & Morton Striders	444	42	106 M 40-49		1:58:11.6	1:58:23.1
373	Tracey Fishleigh		190	39	31 F 35-44		1:57:56.7	1:58:32.0
374	Robert Haines		716	32	136 M 0-39		1:57:27.8	1:58:34.8
375	Eric Snaith		525	33	137 M 0-39		1:57:35.9	1:58:37.0
376	Jeremy Nicholson		411	44	107 M 40-49		1:57:39.7	1:58:37.7
377	Tomasz Grzelewski		228	44	108 M 40-49		1:57:38.5	1:58:43.9
378	Gordon Pearson	Eye Community Runners	441	42	109 M 40-49		1:57:55.6	1:58:56.7
379	Steven White		603	29	138 M 0-39		1:57:50.5	1:59:07.2
380	Sean O'Driscoll	Bushfield Joggers	732	54	51 M 50-59		1:58:36.2	1:59:08.9
381	Sophie Beale		41	49	7 F 45-54		1:58:06.4	1:59:25.4
382	Simon Wain		733	24	139 M 0-39		1:58:27.5	1:59:32.3
383	Alex Lawrie		315	58	52 M 50-59		1:59:08.3	1:59:32.3
384	Daniel Simpson		511	32	140 M 0-39		1:59:10.1	1:59:33.3
385	MAURICE SPOONER		529	49	110 M 40-49		1:55:27.4	1:59:38.2
386	Jon Beaumont	Holme Pierrepont RC	42	35	141 M 0-39		1:55:28.0	1:59:38.2
387	Jack Thomas	UKnetrunner.co.UK	557	45	111 M 40-49		1:59:13.4	1:59:39.1
388	Gary Wood		624	45	112 M 40-49		1:59:31.8	1:59:39.4
389	ADRIAN TAMS	Lincoln & District Runners	544	39	142 M 0-39		1:58:52.3	1:59:39.6
390	Paul Darby		140	51	53 M 50-59		1:58:27.6	1:59:44.1
391	Trevor Fenton		189	49	113 M 40-49		1:59:05.1	1:59:44.7
392	Graham Ward		580	51	54 M 50-59		1:59:21.9	1:59:48.0
393	Heather Campbell		89	25	27 F 0-34		1:58:35.1	1:59:50.6
394	Lisa Black	Lincoln & District Runners	60	34	28 F 0-34		1:59:39.4	2:00:04.9
395	nigel crierie		128	47	114 M 40-49		1:58:57.8	2:00:06.4
396	Amanda-Jane Campbell		88	39	32 F 35-44		1:59:22.4	2:00:07.7
397	Scott Campbell		87	39	143 M 0-39		1:59:22.8	2:00:07.8
398	Wendy Rossington		480	24	29 F 0-34		1:59:45.7	2:00:12.1
399	Declan Murphy		401	48	115 M 40-49		1:59:20.5	2:00:26.8
400	Hamish McConchie		372	48	116 M 40-49		1:59:54.8	2:00:27.3
401	Karen Hindle		255	41	33 F 35-44		2:00:22.4	2:00:29.8
402	Adrian Carder		91	57	55 M 50-59		1:59:25.0	2:00:35.4
403	Mark Webster	Redhill Road Runners	592	49	117 M 40-49		2:00:03.7	2:00:42.0
404	Peter Hall		231	65	11 M 60-99		1:59:36.6	2:00:49.6
405	Sarah Whatton	Sleaford Town Runners	705	30	30 F 0-34		2:00:15.8	2:00:50.8
406	Diane Darby		139	45	8 F 45-54		1:59:39.2	2:00:55.5
407	Linda Bonnor	Sleaford Striders AC	66	44	34 F 35-44		2:00:06.7	2:01:00.8
408	Sam Thornton		563	47	9 F 45-54		2:01:12.4	2:01:18.5
409	Barry Douce	Sleaford Town Runners	159	33	144 M 0-39		2:00:46.4	2:01:30.6
410	Lisa McClintock		371	32	31 F 0-34		2:00:46.6	2:01:30.8
411	Judith Wright		632	42	35 F 35-44		2:01:19.9	2:01:46.6
412	Mandy Woodthorpe		628	45	10 F 45-54		2:01:26.2	2:01:49.8
413	Peter Leverett		327	52	56 M 50-59		2:00:57.0	2:02:06.7
414	Andy King		303	44	118 M 40-49		2:01:01.0	2:02:28.9
415	Hannah Butler		83	19	32 F 0-34		1:59:45.5	2:02:29.6
416	Elektra Roberts		470	43	36 F 35-44		2:00:52.8	2:02:58.9
417	SPENCER STEVENS		535	42	119 M 40-49		1:56:56.5	2:03:03.5
418	Vivienne Martin		360	57	4 F 55-99		2:02:42.1	2:03:11.8
419	Simon Drury	Newark Striders Running Club	164	34	145 M 0-39		2:02:31.3	2:03:13.5
420	Lee Winter		618	28	146 M 0-39		2:03:12.9	2:03:13.7

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
421	thomas orr		421	42	120 M 40-49		2:00:43.8	2:03:18.9
422	Steve Attwell		14	48	121 M 40-49		2:02:30.8	2:03:20.2
423	Sarah Hall		232	46	11 F 45-54		2:03:02.4	2:03:34.8
424	Gillian Hunter		273	31	33 F 0-34		2:02:26.8	2:03:39.9
425	Keith Tyler	Cleethorpes and District AC	569	67	12 M 60-99		2:02:10.5	2:03:42.4
426	Erika Tasker	Retford AC	547	40	37 F 35-44		2:03:06.2	2:03:46.7
427	Sheila Rose	David Lloyd Redway Runners	476	49	12 F 45-54		2:03:36.2	2:03:52.0
428	Mary Nunn		414	30	34 F 0-34		1:58:26.5	2:03:59.7
429	Louisa Dennett		151	35	38 F 35-44		2:03:51.9	2:04:26.6
430	Clare Hardwick	Gainsborough & Morton Striders	236	27	35 F 0-34		2:03:47.0	2:04:36.1
431	Jo Patrick		433	39	39 F 35-44		2:00:15.1	2:04:36.5
432	Melanie Dickson	Lincoln & District Runners	153	40	40 F 35-44		2:04:37.1	2:05:02.4
433	Julie Braker		71	65	5 F 55-99		2:02:30.3	2:05:17.8
434	rebecca freeman		202	31	36 F 0-34		2:05:23.7	2:05:43.4
435	Steve Berry		56	38	147 M 0-39		2:05:37.6	2:05:51.6
436	Tom Ward		579	22	148 M 0-39		2:05:31.0	2:05:54.5
437	Michelle Taylor		551	35	41 F 35-44		2:04:53.2	2:05:54.9
438	steve needham	Notfast RC	402	63	13 M 60-99		2:05:02.8	2:06:09.9
439	Mark Rowley		481	51	57 M 50-59		2:04:33.3	2:06:24.4
440	Adrian Harris		242	28	149 M 0-39		2:05:36.4	2:06:32.3
441	Tarquin Philo		449	45	122 M 40-49		2:05:41.0	2:06:40.0
442	matthew jacques		279	42	123 M 40-49		2:05:40.9	2:06:40.1
443	Adele Styles	Derwent Runners (Derby)	539	41	42 F 35-44		2:06:24.7	2:06:43.6
444	Pamela Baxter	Lincoln Wellington Athletic Club	39	51	13 F 45-54		2:05:45.9	2:06:48.0
445	Jackie Rhodes	Skegness Coasters	461	44	43 F 35-44		2:06:22.4	2:06:52.6
446	Mike Dennett		150	48	124 M 40-49		2:06:43.8	2:06:57.1
447	Lynne Evans		181	44	44 F 35-44		2:06:41.7	2:07:26.4
448	Hilary Johnson		286	49	14 F 45-54		2:07:02.4	2:07:31.0
449	Claire Dillon	Scunthorpe & District AC	155	31	37 F 0-34		2:07:09.7	2:07:32.8
450	Helen Parkes	Louth AC	427	46	15 F 45-54		2:07:08.3	2:07:37.3
451	Antony Martin	Cleethorpes and District AC	361	47	125 M 40-49		2:06:53.3	2:07:57.1
452	SHEILA CLARK		108	52	16 F 45-54		2:07:05.5	2:08:09.4
453	Penny Kemp		299	28	38 F 0-34		2:04:06.7	2:08:28.5
454	Barry Fox		706	41	126 M 40-49		2:08:11.5	2:08:36.5
455	NEAL MATTHEWS		369	44	127 M 40-49		2:07:39.8	2:08:44.2
456	peter harrison		245	46	128 M 40-49		2:07:55.3	2:08:49.8
457	shirley beezley		50	56	6 F 55-99		2:07:47.3	2:08:57.6
458	Andrew Ratcliffe		459	33	150 M 0-39		2:08:04.1	2:09:05.0
459	Ian Sackree		486	44	129 M 40-49		2:07:51.5	2:09:08.3
460	Ruari MacGibbon		342	37	151 M 0-39		2:08:24.4	2:09:19.9
461	Samantha Hill		251	43	45 F 35-44		2:08:24.8	2:09:35.3
462	Paul Duncan		166	61	14 M 60-99		2:08:37.3	2:09:43.3
463	Michaela Kitchen		309	31	39 F 0-34		2:09:31.4	2:09:54.5
464	Melissa Mason		363	27	40 F 0-34		2:09:05.6	2:09:56.0
465	David Hutchinson		274	49	130 M 40-49		2:08:59.4	2:10:06.8
466	Thomas Waterfield	Total Sports and Supplements	585	25	152 M 0-39		2:09:38.5	2:10:10.9
467	Mike Jones	Caistor Running Club	289	44	131 M 40-49		2:09:51.2	2:10:24.8
468	Nina Smith	Cleethorpes and District AC	517	41	46 F 35-44		2:09:21.1	2:10:24.9
469	Tony Lesowiec		326	54	58 M 50-59		2:08:18.9	2:10:28.7
470	tim bartlett	Caistor Running Club	32	52	59 M 50-59		2:10:13.7	2:10:36.0
471	Diane Smith		512	48	17 F 45-54		2:10:45.2	2:11:02.8
472	Peter Motley		398	43	132 M 40-49		2:09:49.9	2:11:03.1
473	Stephen Wells	Vegetarian Cycling & AC	595	55	60 M 50-59		2:09:53.4	2:11:03.4
474	Sarah Jowett	Lincoln Wellington Athletic Club	293		41 F 0-34		2:10:01.1	2:11:03.7
475	Sue Patrick		434	44	47 F 35-44		2:06:43.0	2:11:04.5
476	sharon wilson-leary	Skegness Coasters	615	39	48 F 35-44		2:10:38.3	2:11:09.9
477	Chris Sutton		542	55	61 M 50-59		2:10:38.8	2:11:15.7
478	Ronald Simons		509	68	15 M 60-99		2:10:59.8	2:11:21.8
479	Tracey Gill	Skegness Coasters	214	52	18 F 45-54		2:10:51.8	2:11:23.4
480	chris pearson		440	37	153 M 0-39		2:11:07.5	2:11:53.9
481	Sue Gordon		218	42	49 F 35-44		2:09:08.5	2:12:02.6
482	Pete Wiseman	Barrow Runners	621	59	62 M 50-59		2:11:13.5	2:12:05.7
483	Daivd Cozens		126	60	16 M 60-99		2:11:55.8	2:12:20.7
484	janet harmston	Skegness Coasters	240	56	7 F 55-99		2:12:10.7	2:12:24.8
485	Andy Cullen		134	47	133 M 40-49		2:11:34.7	2:12:26.8
486	Andrew Freeman		201	43	50 F 35-44		2:12:13.3	2:12:33.5
487	barrie hillyer		253	40	134 M 40-49		2:12:23.5	2:12:42.0
488	Gill Bates	Eye Community Runners	36	55	8 F 55-99		2:11:45.5	2:12:55.2
489	jackie mangham		349	48	19 F 45-54		2:12:23.8	2:12:56.9
490	Ray Millard		383	67	17 M 60-99		2:12:46.0	2:12:57.0

Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
491	Kerrie Bell		51	39	51 F 35-44		2:12:50.7	2:13:30.5
492	David Bell		52	41	135 M 40-49		2:12:51.1	2:13:31.1
493	Mark Sharpe	Sleaford Striders AC	500	53	63 M 50-59		2:12:15.6	2:13:35.7
494	Kimberley Bolland		65	29	42 F 0-34		2:13:32.9	2:13:40.2
495	Jemma Parsons	Scunthorpe & District AC	431	27	43 F 0-34		2:13:24.4	2:13:50.2
496	Debbie Sutton		703	44	52 F 35-44		2:12:50.2	2:13:53.2
497	Charlotte Lowe		333	34	44 F 0-34		2:12:51.7	2:13:53.4
498	james franco	Ripley Running Club	199	38	154 M 0-39		2:12:48.7	2:14:05.6
499	Damion McCormick		373	42	136 M 40-49		2:13:20.3	2:14:06.9
500	Suzanne Perry		446	46	20 F 45-54		2:13:21.7	2:14:13.1
501	Glyn Botfield	North Derbyshire	67	56	64 M 50-59		2:14:18.6	2:14:39.7
502	Elaine Wilson	Mablethorpe RC	614	45	21 F 45-54		2:13:52.2	2:14:42.1
503	Judith Cooper		118	46	22 F 45-54		2:14:28.0	2:15:03.5
504	Sue Walker		572	33	45 F 0-34		2:14:01.5	2:15:08.3
505	Fran Allison	Caistor Running Club	5	50	23 F 45-54		2:14:01.8	2:15:08.4
506	Steffan Munday		400	25	155 M 0-39		2:14:04.9	2:15:25.2
507	john baxter		37	47	137 M 40-49		2:14:45.6	2:15:49.9
508	Yvonne Fox	Sleaford Town Runners	198	50	24 F 45-54		2:15:49.4	2:16:08.9
509	Dave Raynes		460	59	65 M 50-59		2:15:50.0	2:16:09.2
510	Deborah Lowther		334	53	25 F 45-54		2:15:26.1	2:16:22.5
511	Glen Bradford		68	37	156 M 0-39		2:15:13.7	2:16:34.1
512	Richard Baker		17	51	66 M 50-59		2:16:19.7	2:16:48.0
513	LINDA BRISTOW TYLER	Cleethorpes and District AC	73	60	9 F 55-99		2:15:46.7	2:16:51.0
514	Emer O'Malley		417	32	46 F 0-34		2:16:21.9	2:17:00.2
515	Erika Stuart	Total Sports and Supplements	538	47	26 F 45-54		2:16:52.3	2:17:06.0
516	Susan Harris	Derwent Runners (Derby)	243	33	47 F 0-34		2:17:14.9	2:17:33.7
517	Carolyn Ross	Derwent Runners (Derby)	479	47	27 F 45-54		2:17:15.2	2:17:33.9
518	Lindsay Cussons		136	38	53 F 35-44		2:16:56.0	2:17:34.9
519	Norman Sonderskov		527	28	157 M 0-39		2:17:41.3	2:18:24.5
520	Amanda Copcutt Lunn		122	33	48 F 0-34		2:17:26.0	2:18:51.3
521	Richard Lunn		338	33	158 M 0-39		2:17:26.2	2:18:51.5
522	Wendy Butler		82	51	28 F 45-54		2:16:23.3	2:19:07.5
523	Elizabeth Donaghy		157	38	54 F 35-44		2:18:47.7	2:19:29.1
524	Jenny Jacobs		278	29	49 F 0-34		2:18:55.6	2:19:33.9
525	Stanley Thornton	Sleaford Town Runners	564	74	18 M 60-99		2:19:07.2	2:19:38.3
526	kathryn bartlett-kay	Caistor Running Club	34	50	29 F 45-54		2:19:06.1	2:20:15.3
527	Sarah Chapman	Caistor Running Club	99	42	55 F 35-44		2:19:06.2	2:20:15.4
528	Michelle Howard	Skegness Coasters	266	49	30 F 45-54		2:20:50.2	2:21:22.2
529	Ashley Mableson		341	17	159 M 0-39		2:21:45.8	2:22:18.2
530	Laura Bibby		58	33	50 F 0-34		2:21:41.6	2:22:36.3
531	Laura Matthews		368	27	51 F 0-34		2:22:42.1	2:23:24.6
532	Chris England	Grantham Running Club	176	31	160 M 0-39		2:23:15.7	2:23:36.3
533	Chris Wharton		599	43	138 M 40-49		2:14:43.4	2:23:38.5
534	Anthony Ogden		416	49	139 M 40-49		2:23:15.1	2:24:32.9
535	Dara Corvin		124	67	19 M 60-99		2:24:44.6	2:25:14.3
536	Diane Morris	Lincoln Wellington Athletic Club	395	47	31 F 45-54		2:24:31.9	2:25:19.1
537	Ian Beech		48	44	140 M 40-49		2:25:17.6	2:25:26.1
538	Sharon Wild		607	42	56 F 35-44		2:23:08.7	2:25:55.2
539	Rebecca Sutton		541	22	52 F 0-34		2:25:24.6	2:26:01.7
540	Jade Ratcliffe		458	32	53 F 0-34		2:25:00.1	2:26:12.2
541	Gina Vasey		570	27	54 F 0-34		2:26:27.6	2:27:18.3
542	Jane Ramsay		457	35	57 F 35-44		2:27:23.5	2:28:13.9
543	Colin Bell		709	48	141 M 40-49		2:27:56.0	2:28:35.1
544	Ali Bunn		79	29	55 F 0-34		2:27:51.3	2:28:46.7
545	Emma Weisblatt		593	49	32 F 45-54		2:27:57.8	2:28:54.0
546	Kirsty Major		346	37	58 F 35-44		2:27:59.0	2:29:12.1
547	Ross Dennis		152	29	161 M 0-39		2:29:11.7	2:29:27.4
548	Melissa Ford		196	30	56 F 0-34		2:29:24.8	2:29:40.4
549	George Wright		634	20	162 M 0-39		2:26:37.2	2:29:51.1
550	Mary Pettifor		448	59	10 F 55-99		2:29:23.6	2:30:13.9
551	Petra Otto	Thorney RC	424	61	11 F 55-99		2:30:09.7	2:30:19.2
552	Adam Peall		438	23	163 M 0-39		2:29:37.3	2:30:21.3
553	Nicola Chivers		104	22	57 F 0-34		2:29:37.5	2:30:21.9
554	Lee Anderson		8	36	164 M 0-39		2:29:09.3	2:30:24.3
555	Becki Stensland		533	24	58 F 0-34		2:29:09.4	2:30:24.5
556	Nigel Atkins		13	36	165 M 0-39		2:29:46.8	2:30:29.5
557	Richard Hall		230	42	142 M 40-49		2:30:27.3	2:31:01.7
558	Paul Winthrop		619	50	67 M 50-59		2:30:28.3	2:31:10.7
559	PAUL SHINTON		502	41	143 M 40-49		2:30:37.5	2:31:40.8
560	Sue Wei Chong		105	23	59 F 0-34		2:30:59.9	2:31:41.0



Place	Name	Team	Bib No	Age	Age Group	Place	Chip Time	Gun Time
561	Bradley Joyce		294	26	166 M 0-39		2:31:26.9	2:32:47.4
562	Alistair Whitaker	Sleaford Town Runners	602	44	144 M 40-49		2:32:30.9	2:33:05.0
563	Paul Waterfield		584	58	68 M 50-59		2:32:32.6	2:33:06.0
564	William Barker		26	38	167 M 0-39		2:32:01.1	2:33:18.7
565	Peter Edgley	Wootton Road Runners	171	47	145 M 40-49		2:32:04.0	2:33:28.4
566	Gigi Chester		102	27	60 F 0-34		2:33:17.5	2:34:14.4
567	odette gould	Werrington Joggers	220	38	59 F 35-44		2:33:41.8	2:34:51.0
568	gillian flook		194	27	61 F 0-34		2:34:42.9	2:35:26.5
569	Helen Wiseman	Barrow Runners	620	49	33 F 45-54		2:34:44.1	2:35:36.5
570	Paula Lloyd		329	54	34 F 45-54		2:34:31.6	2:35:44.0
571	Emma Beck		44	25	62 F 0-34		2:34:31.9	2:35:44.5
572	Manda Keywood		300	42	60 F 35-44		2:35:57.9	2:36:15.6
573	Suzanne Orr	March AC	420	45	35 F 45-54		2:35:06.0	2:36:53.2
574	David Phillips		714	70	20 M 60-99		2:38:15.3	2:39:01.0
575	Babz Cook	Sleaford Town Runners	115	52	36 F 45-54		2:39:23.8	2:39:57.6
576	Gill Wain	Woodthorpe Huffers & Puffers	571	34	63 F 0-34		2:39:55.2	2:41:01.2
577	shaun Louth	Sleaford Town Runners	332	38	168 M 0-39		2:41:36.5	2:42:10.1
578	michael chrimes		106	30	169 M 0-39		2:41:50.7	2:42:55.3
579	suzanne chiltern	Woodthorpe Huffers & Puffers	103	43	61 F 35-44		2:42:08.4	2:43:14.8
580	Paul Saunders		491	39	170 M 0-39		2:43:56.5	2:44:11.6
581	Karen Parkin	Woodthorpe Huffers & Puffers	428	54	37 F 45-54		2:44:54.9	2:46:00.4
582	Ian Mann		350	63	21 M 60-99		2:45:36.6	2:46:39.9
583	Cara Kussan		313	34	64 F 0-34		2:50:23.9	2:52:32.6
584	Thomas Wright		635	17	171 M 0-39		2:55:02.6	2:55:35.6
585	Norman Harding		235	65	22 M 60-99		3:02:21.2	3:03:13.2
586	Yvette Todd	MK Lakeside Runners	735	50	38 F 45-54		3:01:51.7	3:03:14.1
587	Venkatsubbiah Raman		456	35	172 M 0-39		3:07:24.4	3:07:35.6